



March 2010

Dear Friend:

We're thrilled that you joined forces and are organizing a team for the 6th Annual Teal Ribbon 5k run/walk on May 30, 2010.

The goals of the Teal Ribbon Ovarian Cancer Research Foundation, Inc. are to have over 1,500 runners/walkers participate in this year's event and raise over \$60,000 to further ovarian cancer research towards early detection and eventually a cure. By serving as a team captain, you will help us reach these goals and spread the work about the importance about early detection of ovarian cancer. Early detection saves lives! It is a win-win situation.

So let's get going! A team is a group of runners/walkers, collectively raising money through fundraising. Often teams participate in honor or memory of a loved one affected by ovarian cancer. Team members can include family, friends, neighbors, co-workers, and all those who share the desire to help raise funds to advance ovarian cancer research.

The American Cancer Society estimated that about 21,550 new cases and about 14,600 deaths from ovarian cancer in the United States in 2009.

A woman's risk of getting invasive ovarian cancer during her lifetime is about 1 in 71. Her lifetime chance of dying from invasive ovarian cancer is about 1 in 95. (These statistics do not count low malignant potential ovarian tumors.)

Ovarian cancer ranks fifth in cancer deaths among women, accounting for more deaths than any other cancer of the female reproductive system.

Your help is greatly needed. We thank you so very much for joining us this year as we continue to raise the much needed funds to advance ovarian cancer research towards early detection and eventually a cure.

Together we will make a difference and realize a world without ovarian cancer.

Regards,

Kristen Varley
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